



One of Ax Church's core values is People Not Programs. We believe that it is often unnecessary to form complex systems of ministry, since a group of believers can simply come together to experience God. Our greatest resource in life is the Bible (God's words penned by man). lyfe groups are a simple way for people to connect and experience God's word in community. lyfe groups are also a great way to invite pre-christians to experience a very low-key example of church.

## **LYFE TOGETHER**

lyfe is for people ready to connect God, life, and themselves; through reading the Bible. Whenever we meet in our lyfe group:

- We support and encourage each other
- We respect other's views
- What we share is confidential

Wherever we meet - coffee house, church building, or kitchen table - God meets with us (Matthew 18:20) "And when two or three of you are together because of me, you can be sure that I'll be there."

We'll hear his voice if:

- We expect Him to speak
- We look for how the Bible connects with where He's placed us
- We surrender to His words, helping each other to do this

## **BRINGING THE BIBLE TO LYFE**

The heart of every lyfe group is reading or listening to the Bible. Choose a passage from the lyfe website, study through a book of the Bible, or pick a verse that's already familiar. Read it through and ask three questions:

- What can we learn about God here?
- How does this relate to life today?
- What can we apply personally to us?

## **THE RHYTHM OF LYFE**

lyfe has a distinctive threefold rhythm:

Read:

- We bring with us what we know of the Bible and life
- We relax and read the passage slowly, watching for key words or phrases
- We re-read, 'listening with the heart' until drawn to something

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**LOVE GOD. LOVE EVERYONE.**



Reflect:

- Our entire being - mind, emotions, and will - reflects on what's being said
- We share and ask questions
- We search together for what God may be saying to each of us

Respond:

- We pray or 'rest' with what we've heard
- We talk about how to respond
- We agree 'practical action'

Living lyfe

Depending of the venue:

- We pray for each other or make a note and do it later on our own
- Some groups like to close by saying this prayer together:  
(2 Corinthians 13:14) - "The amazing grace of the Master, Jesus Christ, the extravagant love of God, the intimate friendship of the Holy Spirit, be with all of you."
- Finally, we check the dates for the next few lyfe meetings

Check out resources after you sign up at: [www.lyfe.org.uk](http://www.lyfe.org.uk)

How lyfe looks

A few things to remember concerning lyfe:

- Learning together (initially there may be someone facilitating)
- Mixed or single sex groups. Similar backgrounds or mixed.  
(the more diverse a group is, the more angles you see the Bible on)
- For 3 people, 40 minutes / 5 people, 1 hour / 9 people (max), close to 2 hours
- It begins and it ends (formed for a period of time and then it is over)